

A Teacher's Guide to Snowsports

A guide to organising a snowsport course



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Introduction

Snowsport courses are an ideal school activity, providing new experiences, introducing new skills and providing opportunities to develop personal, social and mental skills.

What is snowsport?

There is a considerable range of snowsport activities available within the UK and abroad. At one time skiing was the only activity available to schools and although many courses are developed with skiing as the main activity, snowboarding is increasingly being offered as well as ski boarding (sometimes called snowblading) and other activities. The course organiser should decide which activities are offered to students participating in a snowsport course.

Snowsports are most commonly provided through residential courses abroad, but there are other ways of including snowsports as part of the activities offered in school and these are outlined on page 10.

Aim of the guide

The aim of this booklet is to arm you with a simple comprehensive guide to assist you with the planning of snowsport activities in schools. The guide provides information on all aspects of snowsport activity planning and sources of further information.



Snowsport – an ideal activity



Reasons to participate

Skiing and snowboarding offer many distinct benefits to those taking part. Valuable contributions are made to:

- ★ The acquisition of physical skill and knowledge
- ★ Personal and social development
- ★ Environmental awareness
- ★ The health of the individual, contributing to the uptake of an active lifestyle, (meeting the government agenda to combat inactivity and obesity)

Snowsports are an ideal activity for any school group:

- ★ Skiing and snowboarding are not difficult sports to learn and rely on technique rather than strength or fitness

- ★ The activities have an aesthetic quality enjoyed by those who perhaps do not take to other sporting activities offered through the day-to-day PE curriculum
- ★ Snowsport is an individual rather than team sport and has no intrinsic element of competition
- ★ Many pupils who have previously shown little or no enthusiasm in sports often discover unexpected aptitude and skill for snowsport
- ★ Snowsport is accessible to everyone, including those with disabilities

Participating in a residential snowsport course provides many opportunities to gain a greater understanding of self and others. Much of this is gained through meeting personal challenges; pupils learn to face their fears and may push

their own limits safely and successfully. Living and working together gives pupils the chance to identify the strengths and weaknesses of themselves and others, developing relationships with each other and their leaders. In a new environment, prejudices that may have previously been evident are often overcome as pupils progress together. Snowsport can provide many moments that have a very special and lasting effect.

A residential snowsport course offers many opportunities for environmental education and awareness that a school cannot, due to the difference in location and surroundings. For many, this could be the first time in an alpine environment and the dramatic scenery and natural beauty can evoke strong emotions and a sense of awe.

Snowsport and the National Curriculum

The experiences gained through snowsport; physical, sporting, mental and social are immense and to exclude these opportunities from school and college life may be misguided. Snowsport fits well within and can link to just about any part of the curriculum through considered and informed planning.

The booklet 'Skiing and the National Curriculum' (due to be reprinted in 2005 and available from Snowsport England on 0121 501 2314) illustrates how snowsport can dovetail with much of the national curriculum, and for those who wish to integrate snowsport into their programmes of study, it can offer a good starting point for such planning.

MEMBERS OF THE SNOWSPORT FORUM INCLUDE:

Association of Snowsport Countries (ASC) 020 8605 2211 www.snowsportscountries.com	Fogg Travel Insurance Services Ltd 01623 631331 www.fogginsure.co.uk
British Association of Snowsport Instructors (BASi) 01479 861717 www.basi.org.uk	British Ski Slope Operators Association (BSSOA) 0870 240 0375 www.bssoa.co.uk
DMG World Media 020 8515 2000 www.skiingmail.com	The International Academy 02920 672500 www.theinternationalacademy.com

Interski
01623 456333
www.interski.co.uk
Mark Warner
0870 7704227
www.markwarner.co.uk
Neilson
08703 333620
www.neilsonschoools.com

Pavilion Tours
0870 241 0425
www.paviliontours.com
PGL Travel Ltd
0870 162 6622
www.pgl.co.uk
Ski Club of Great Britain
0845 458 0780
www.skiclub.co.uk
Ski Scotland Marketing Group
01397 705825

Snowsport England
0121 501 2314
www.snowsportengland.org.uk
Snowsport Scotland
0131 445 4151
www.snowsportsotland.org
Snowsport Industries of Great Britain
0131 557 3012
www.snowlife.org.uk

This guide was developed from an original publication called The Teachers Guide to Snowsports, which was written by Laila Baker and Tony Archbold, ESSkia and ESC.

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2004 Edition 3 produced by the Snowsport Forum, with additional funding from:



Planning and organising a snowsport course

Early planning

The key to organising a successful snowsport course is in the planning. Early planning is essential to ensure a smooth and enjoyable course, whether you are planning a trip abroad, or to one of the Scottish ski areas. As snowsport courses grow in popularity, bookings are being taken earlier every season and many companies now release preliminary brochures as early as 18 months in advance. It is a good idea to start planning your course at least 15 months in advance, particularly if you expect to travel during a peak period.



Term time travel

There are many arguments for and against snowsport courses being organised during term time. Where there is a choice, it is in the pupils' best interests to travel within term time. There are many benefits of avoiding the peak periods of the Christmas, February half term and Easter/spring breaks.

- ★ Prices are substantially lower, offering better value for money
- ★ Resorts, accommodation and, most importantly, the slopes are considerably less crowded
- ★ More time can be spent skiing as less time is spent queuing for lifts
- ★ Ski schools are less busy, allowing more instructors and smaller groups
- ★ Resort staff can offer a higher level of service than during peak holiday weeks

Permission, regulations and guidelines

It is necessary to gain permission to run a snowsport course from the appropriate authority at an early stage. This may be your Head of Establishment, Local Education Authority (LEA) and/or School Governors.

Most schools and LEAs have their own set of guidelines regarding activities outside the school. Many LEAs publish guidelines for outdoor education which include specific recommendations for schools' skiing. If your Head of Establishment does not have a copy, these should be obtainable from your LEA. Your LEA Outdoor Education or PE advisor should be able to assist you in providing information and in completing any relevant forms. Approval should be sought and received prior to booking the course and submitting any deposit. Details likely to be required include:

- ★ A risk assessment by the party leader/staff on the course
- ★ A risk assessment by the tour operator which includes all travel providers, hotel, ski school, evening entertainment providers etc.
- ★ Confirmation of all safety regulations and insurance cover

The DfES good practice guide, 'Health and Safety of Pupils on Educational Visits' is an excellent resource designed to help head teachers, teachers, governors and group leaders ensure the health and safety of pupils on school visits. In addition to offering advice on responsibilities, communicating with parents, preparing pupils and visits abroad, it also includes a number of model forms that can be copied or adapted. A three-part supplement to the good practice guide was produced in 2002: Standards for LEAs in Overseeing Educational Visits; Standards for Adventure and a Handbook for Group Leaders. Details of how to obtain a copy of or where to download these documents can be found on page 12.

Some LEA guidelines mention the Ski Course Organiser (SCO), Alpine Ski Leader (ASL) or Alpine Ski Course Leader (ASCL) awards. These qualifications are awarded by the governing bodies for snowsport: Snowsport England, Snowsport Wales and Snowsport Scotland (contact details for these organisations can be found on page 12 of this booklet). It should be noted that not all of the following awards qualify you to supervise children on the mountain. See page 9 for details on qualifications.

Choosing your package

If you are organising a trip to a dry slope or a Scottish Ski Centre, you will be able to organise the trip yourself providing you follow your LEA guidelines. The ski centre will be able to help with specific queries about their establishment or locality.

Tour operators

To facilitate your snowsports course abroad, you will need to appoint a tour operator. Any other method, such as organising all aspects independently, is not advised. Appointing a tour operator benefits your group greatly by taking much of the effort and responsibility of organisation out of your hands.

In selecting a tour operator, you may want to take the following factors into consideration:

- ★ A tour operators membership of an appropriate travel trade bonding organisation (i.e. ABTA or ATOL) to safeguard the finances of your group
- ★ Provision of adequate winter sports insurance cover
- ★ Selection of countries/resorts offered and advice on their suitability for the skiing standard of your group
- ★ Convenience of departure dates and locations
- ★ Range of guarantees provided (e.g. snow guarantee, surcharges)
- ★ Number of hours ski/snowboard tuition provided
- ★ Extra services and activities
- ★ Overall cost
- ★ Supervisory staffing ratios

This guide has been published by the Snowsport Forum, a group of snowsport organisations who collaborate to promote snowsports (see page 2 for list of members). The following members of the Snowsport Forum specialise in the supply of schools courses/trips:

- Interski**
01623 456333
www.interski.co.uk
- Neilson School Groups**
08703 333620
www.neilsonschools.com
- PGL Travel**
0870 162 6622
www.pgl.co.uk

The International Academy
02920 672500
www.theinternationalacademy.com

There are a number of other schools specialists, and a full listing can be found at www.snowlife.org.uk

Working with your tour operator

Establishing and maintaining a close relationship with your tour operator can lead to a very successful snowsport course, but it is important to make sure that all details are agreed in writing. Most tour operators offer 'inspection visits' to resorts, and some LEAs now insist upon this.

Many tour operators also offer school visits from their travel advisors who will be able to assist in the planning of your trip. They will usually visit the school to meet the pupils and parents involved in the course, provide additional information and respond to any questions.

Many tour operators will carry out risk assessments of their operation which can greatly reduce your workload and assist you in evaluating the suitability of the venue and operator.

By maintaining a good working relationship with your tour operator, the process of organising a snowsport course becomes fairly easy. Ensuring that your tour operator understands your requirements means that you are on the way to a successful and enjoyable course.



Considerations when planning a snowsports course

The following sections outline aspects of a snowsports course that you may wish to take into consideration. The choices you make will be determined by your schools' needs.

What type of resort is suitable for your group?

It is important to match the resort to the level of expertise of your group. Some resorts are better for beginners, others more suited to intermediate or expert skiers. Take the level of the group into consideration and do not book your own preferred option unless it matches the needs of your group.

Costs – what's included?

- ★ What is provided in the price of the course, and what is not provided?
- ★ Are there any potential surcharges?
- ★ What happens if there is little or no snow?
- ★ Is insurance included?
- ★ What are the staffing ratios?

Travel

Some countries outside Europe do not recognise collective passports, so each student may need their own passport. If you are travelling to a European resort you will often have the choice of air or coach travel. Listed below are the main points to consider of each.

Air travel

Substantially quicker than travel by coach, although times vary depending on your place of departure.

- ★ Travel to and from the UK airport has to be arranged and will not usually be provided by your tour operator
- ★ In-flight meals and entertainment are often provided, although this varies between airlines
- ★ Resort transfer times range between one and four hours, over and above flight and check-in times
- ★ An exceptionally early departure time from the resort on the return journey is not unusual

Coach travel

- ★ Travelling by coach offers significantly lower prices.
- ★ Once luggage is on the coach, there are no opportunities for it to go astray
- ★ Convenient door-to-door service: no transfers are involved

- ★ Coach travel can increase the overall duration of your course by up to two days
- ★ Meals en route may or may not be included in the price, check with your tour operator
- ★ Often there is access to the coach in resort, enabling evening activities and excursions further afield
- ★ It is generally far easier to supervise children on a coach
- ★ Wearing of seat belts is compulsory in many countries and will become so in the UK in 2005.

Accommodation

Accommodation varies greatly between countries. For many groups the main factor in hotel choice is capacity (i.e. will you have single occupancy or be sharing with other groups)? If you are to be sharing the accommodation with other groups you may wish to ask if they are schools or adult groups.

Other considerations might include:

- ★ Room occupancy – how many pupils will be sharing a room?
- ★ Do rooms have private facilities?
- ★ Do foreign hotels meet British fire regulations?
- ★ Distance from the hotel to the slopes and lifts
- ★ Facilities within the hotel – are there public spaces/games rooms for pupils to meet, swimming pool, disco etc?
- ★ Is there an all-inclusive package option?
- ★ Meals provided by the hotel – see 'Meals' section below

Meals

It is important to determine which meals are provided by the hotel. Breakfast and dinner are usually provided within accommodation costs but arrangements for lunch can vary. You should determine if lunch is included in the overall costs of your snowsport course, or if pupils will be expected to pay for this themselves. Some tour operators provide a packed lunch while others offer a voucher system. If using packed lunches, ask your tour operator if there is a suitable venue to eat lunch on the mountain.

Another consideration is whether your accommodation can cater for special dietary requirements. Are there arrangements in place for vegetarians or for those with food allergies?

Instruction

Some tour operators have their own ski schools employing British instructors, while others use the local ski school to provide lessons. Questions you may wish to ask your tour operator include:

- ★ Will the instructors hold qualifications recognised in the UK as appropriate?
- ★ Will the instructors be English speaking?
- ★ How many hours of instruction will be provided?
- ★ What is available for the group leaders and teachers when the pupils are skiing/snowboarding? Will they be able to participate in lessons?
- ★ Who will supervise the pupils at lunch time?
- ★ In those countries where protective helmets are now compulsory check with your tour operator, who will provide them?
- ★ Will there be time available to practise after lessons?*

*It is essential to ensure that if pupils are allowed to ski or snowboard outside their lessons, they do so with a suitably qualified person. An experienced skier or someone who has been on a similar course before will not necessarily be qualified to supervise others skiing. It is also essential that you adhere to your LEAs minimum guidelines for supervised skiing. For further information see page 9, which outlines qualifications available for teachers and leaders.



Evening activities

The range of evening activities offered will vary greatly. Your tour operator should be able to provide you with a list of activities that are offered and you can select the most appropriate options. It is important to outline which activities your group will be participating in well in advance. This gives plenty of opportunity to brief parents and pupils before the course, as some activities may need further consent.



Anticipation and planning

It is essential that everybody involved in your snowsport course is well prepared and has been given all the information that they may need, whether they are staff, students or parents. A visit from your tour operator with course attendees, staff and parents of attendees is advisable.

Preparing the pupils

Providing information and guidance to pupils is an important part of organising your snowsport course. Every pupil should clearly understand what is expected of him or her when away from the school and what the course will entail. A course of pre-ski training exercises for participants is advised as students will be making some infrequently used muscles work harder than normal.

Participation

Each pupil should be made aware of the activities in which they will be participating when they are away. If evening activities are to be included on your course, then pupils should also be prepared for each of these. Pupils should be aware of any clothing or equipment that is required to participate in every activity, for example, swimming costumes or paper and pens. Some snowsport-specific kit which is required includes:

- ★ Sturdy shoes for walking on snow
- ★ Waterproof and windproof skiing jacket
- ★ Waterproof and windproof salopettes or overtrousers
- ★ Waterproof and windproof gloves
- ★ Hat – large enough to cover ears and made from wool/acrylic mix or fleece
- ★ Helmets are becoming very popular items to wear on the slopes and from winter 2004/2005 will be compulsory in Italy for children aged 13 and under

- ★ Goggles and sunglasses – both are desirable, goggles are essential
- ★ High factor suncream and lipsalve
- ★ Socks – 2 pairs of loop-stitch socks are recommended
- ★ Other layers: synthetics are best as they dry quickly, do not retain moisture and still feel warm even when damp. Tights or tracksuit bottoms are ideal for wearing under salopettes. For the top half of the body, thermal underwear or synthetic long-sleeved t-shirts are ideal, with fine polo necks for mid layers and a warm fleece or pullover on top. Several thin layers offer the most flexibility when faced with a range of weather conditions that are prevalent in the mountains.

Some tour operators will offer a clothing hire service, as do some shops. A list of shops hiring clothing aimed at school trips is available on the searchable database at www.snowlife.org.uk

Behaviour

All pupils should fully understand how they are expected to behave while on the snowsport course. A lack of discipline can easily lead to an accident, on or off the slopes. Make each pupil aware of any potential dangers and how they should act to ensure their own safety and that of others.

Matters that should be discussed before the snowsports course include what standard of behaviour is expected from the group. Any rules regarding appropriate or inappropriate personal and social conduct (including sexual activity, smoking, drinking, use of drugs or illegal substances) should be made clear prior to departure. A clause on expected behaviour signed by parents and students may be appropriate.

Preparing the parents

The following information is essential for parents:

- ★ Dates of the course, including departure and estimated return times
- ★ Where the group will leave from and return to
- ★ Forms of transport and the name of travel companies
- ★ Details of accommodation, including living arrangements
- ★ Details of each activity that the group will be participating in and the level of supervision for that activity
- ★ Name of the group leader, accompanying adults and contact details
- ★ List of clothing and other items that are required for the course
- ★ Amount of money allowed, the appropriate currency and how this will be managed
- ★ Details of insurance or medical cover and accident/illness procedures
- ★ Parents should also be made aware of the expected behaviour of pupils and it may be advisable to ask them to sign an agreed behaviour code

It is important to leave each parent/guardian a list detailing how to contact staff in resort in case of an emergency, and a list detailing how to contact the school and other parents.



Preparing yourself

More injuries occur when participating in traditional school sports like football and rugby than in activities such as snowsports. Unfortunately, irrespective of the precautions that have been taken, accidents and illness can occur. By ensuring that you have all the information regarding each pupil's medical needs and their home contact details, dealing with an incident can be relatively stress free.

A medical consent form should be part of the parental consent form allowing the pupil to participate on the snowsports course. The parental consent form will ask the parent for details of the following:

- ★ Any allergies or medical condition the pupil may have. (If any pupil has a particular medical condition, has the parent checked with their GP that the child is fit to ski, will cope with the mountain environment, cold and high altitudes? It may be necessary to check with the insurance provider that, where a child suffers from a particular medical condition, this will be covered by the insurance).

- ★ Any medication the pupil is taking and whether the pupil administers their own medication, or how it should be administered
- ★ The name address and telephone number of the pupil's GP
- ★ Any medical/dietary requirements
- ★ Any other information which the parent thinks should be known
- ★ Parental contact details (daytime and evening)
- ★ An alternative contact person and their details

The medical consent form will ask parents to agree to the pupil receiving emergency medical treatment as considered necessary by the medical authorities.



Training and qualifications for teachers and leaders

There are formal snowsport awards and qualifications available to teachers and group leaders provided by the National Governing Bodies for snowsport. Listed below are the qualifications available and a brief description of each. For further information about any of the courses, contact the awarding body direct.

Alpine Ski Leader



Awarding Body:

Snowsport Scotland (0131 445 4151) www.snowsportscotland.org

Duration:

7 days, on snow

Entry Requirements:

Minimum age of 18 years; basic parallel skiing on groomed red slopes; candidates must hold a first aid certificate before being awarded the qualification.

The Alpine Ski Leader (ASL) course is designed to train and qualify responsible skiers who are interested in the encouragement of young skiers and who seek to lead such skiers within the boundaries of snow skiing resorts. The course contains elements designed to improve the participant's ability to lead skiers in a mountain environment and to introduce skiing to children and youths in a safe and enjoyable manner.

Snowboard Leader



Awarding Body:

Snowsport Scotland (0131 445 4151) www.snowsportscotland.org

Duration:

6 days, on snow

Entry Requirements:

Minimum age 18 years; confident riding on all marked runs; candidates must hold a first aid certificate before being awarded the qualification.

The Snowboard Leader course is designed to train and qualify responsible snowboarders to safely lead groups of snowboarders within patrolled areas. The award is primarily aimed at teachers, youth group leaders and other responsible adults wishing to encourage and supervise young snowboarders. The content of the course includes technical snowboarding, leadership and mountain skills.

Ski Course Organiser



Awarding Body

Snowsport England (0121 501 2314) www.snowsportengland.org.uk and Snowsport Wales (02920 561904) www.snowsportwales.net

Duration

Minimum of 6 hours. Theory-based. No practical component.

Entry Requirements

No previous skiing experience is required however candidates should produce evidence of skiing competence.

This is a basic course designed to advise leaders on how to organise school, club and youth group ski courses safely, responsibly and effectively.

*This award does not qualify the holder to supervise skiing or snowboarding.

Alpine Ski Course Leader



Awarding Body:

Snowsport England (0121 501 2314) www.snowsportengland.org.uk and Snowsport Wales (02920 561904) www.snowsportwales.net

Duration:

6 days, on snow

Entry Requirements:

Minimum age of 18 years; good parallel on most terrain in most conditions; candidates must hold a two-day first aid certificate and have attended an SCO Course before being awarded the ASCL qualification.

The Alpine Ski Course Leader award (ASCL) is designed to train and qualify adult leaders, teachers and ski club members to introduce young people to skiing and to lead them on behalf of recognised educational establishments or clubs affiliated to the Governing Body. The three components of the ASCL award are group leadership, mountain skills and skiing skills.

*Although this qualification does not allow the holder to instruct skiers it is designed to train competent skiers to supervise and lead skiers but ONLY from within their own organisation.

UK based snowsport activities for schools

A snowsport course abroad is not the only option available to schools. Great Britain has the largest concentration of artificial ski slopes worldwide, as well as several indoor snow slopes. These provide excellent instruction and practise facilities throughout the year. Many slopes offer lessons for school groups, whether as preparation for a course abroad or as a stand-alone activity.

Taking lessons at your local slope can contribute towards elements of P.E. in both the National and the Scottish curriculum. Alternatively, lessons can be arranged as an extra-curricular activity. Most slopes are able to cater for both skiing and snowboarding activities, at all levels, and many have developed packages specifically for school groups. Slopes are open throughout the year and in all weather conditions, allowing you to create an extensive snowsport programme for your pupils.

There are also five ski areas in Scotland, all of which welcome school groups and which are usually open from late December until April. Further information is available at www.ski-scotland.net. There are also some schools tour operators who either specialise in, or are experienced in arranging trips within Scotland.

Many schools, (both primary and secondary) up and down the country have links with local snowsport clubs. These clubs may practise at their local slope and even participate in some races.

Orange AIM Series Schools Tour

The Orange AIM Series is the competitive circuit for snowboarding and freestyle skiing in the UK but it is not only about competing. The organisers have developed a UK-wide schools tour to encourage participation of snowsport as part of the school curriculum. Students are given priority to 850 free beginner lessons available through the Orange AIM Series at a range of slopes. Further info from www.orangeaimseries.com



UK Snowsport Awards

The UK Snowsport Award Scheme is a fun set of 11 awards that you can achieve through participation, awareness and safety in your chosen snowsport.

The scheme offers comparable awards for both skiing and snowboarding ensuring a consistent progression through all levels; from beginner to expert whether on dry slopes or on snow.

Participants are encouraged to work through these awards with an assessor who must be a leader, instructor, or coach.

Ask your tour operator or your local slope if they participate in the award scheme. A list of participating venues and ski schools is available at www.snowlife.org.uk

School Skiing Associations

If your school is fairly active in skiing, then it is a good idea to join a Schools Skiing Association: organisations which exist to share resources and to bring schools together in friendly competitions. This is a great way to introduce pupils to competitive skiing in a fun and friendly atmosphere.

Individual schools can join either a National or Regional Schools Ski Association. Listed below are the National Associations. Each of these can provide you with details of Regional Associations in your area.



English Schools Ski Association (ESSkiA)

Contact: Tony Archbold at Great Wyrley High School 01922 857093 or 01922 417562.

Email: arc@greatwyrley.staffs.sch.uk

Website: www.esskia.co.uk

ESSkiA organise competitive events and promote skiing in schools. The organisation is specifically geared toward assisting teachers and individuals representing their school and schools teams throughout the UK and worldwide. ESSkiA is also responsible for Regional and England schools squads, representing England on artificial slopes and on snow. School membership provides appropriate registration and insurance requirements for competitive individual and team entrants in UK competitions (subject to type of race).

Scottish Schools Ski Association (SSSA)

Contact: Mrs Hutchison, Dollar Academy 01259 742511.

SSSA exists to promote the sports of skiing and snowboarding within Scottish Schools. Every school in Scotland is eligible for membership. There are a number of benefits of membership of SSSA, the first being that SSSA is a course organiser, arranging Alpine Ski Leader and First Aid courses for teachers and value-for-money insurance to cover staff and pupils on skiing activities. The SSSA newsletter keeps members informed of all events and races on both snow and artificial slopes, for secondary and primary schools and for individuals and schools teams. In addition, SSSA organise teams for the British Schools and World Schools events.

Snowsport facilities

Below are UK snowsport facilities. If you are unsure which slope is nearest to you, the BSSOA (British Ski Slope Operators Association) has a map on its website at www.bssoa.co.uk showing the location of all member slopes.

Artificial/Dry Ski Slopes

Ackers Outdoor Activity Centre

0121 772 5111

www.ackers-adventure.co.uk

Alford Ski Centre

01975 563024

Alpine Snowsports

01252 325889

www.alpinesnowsports.co.uk

Ancrum Outdoor Education Centre

01382 435911

www.ancrum.com

Avon Ski Centre

01934 852335

www.highaction.co.uk

Ballater Ski Slope

013397 54435

Bassingbourn Snowsports Centre

01462 618091

www.skibass.org

Bearsden Ski Club

0141 943 1500

www.skibearsden.co.uk

Bowles Outdoor Centre

01892 665665

www.bowles.ac

Bracknell Ski & Snowboard Centre

01344 789015

www.jnll.co.uk

Brentwood Park Ski & Snowboard Centre

01277 211994

www.brentwoodskicentre.co.uk

Bromley Ski Centre

01689 876812

<http://home.freeuk.net/bromleyski>

Calshot Activities Centre

02380 892 077

www.calshot.com

Cardiff Ski & Snowboard Centre

02920 561793

www.skicardiff.com

Carlisle Snowsports Club

01228 810696

www.carlisesnowsports.co.uk

Chatham Ski & Snowboard Centre

01634 827979

www.jnll.co.uk

Christ's College Ski Club

01483 504988

www.ccski.co.uk

Christchurch Ski & Leisure Centre Ltd

01202 499155

www.newforest-online.co.uk/christchurch_ski/

Condor Dry Ski Slope

01241 822258

Craigavon Golf & Ski Centre

028 3832 6606

www.craigavon.gov.uk

Dan Yr Ogof Ski Slope

01639 730284

Exeter & District Ski Centre

01392 211422

Firpark Snowsport School

01259 751772

www.clacksleisure.co.uk

Folkestone Ski Centre

01303 850333

www.folkestoneskicentre.co.uk

Glasgow Ski & Snowboard Centre

0141 427 4991/3

www.ski-glasgow.co.uk

Glenmore Lodge

01479 861256

www.glenmorelodge.org.uk

Gloucester Ski & Snowboard Centre

0870 240 0375

www.gloucesterski.com

Gosling Ski & Board Centre

01707 384 384

www.goslingsports.co.uk

Halifax Ski & Snowboard Centre

01422 340760

Hemel Ski Centre

01442 241321

www.hemel-ski.co.uk

Kaimhill Dry Ski Slope (opens 2 Oct 04)

TBC

Kendal Ski Club

01539 732948

www.kendalski.co.uk

Kidsgrove Ski Centre

01782 784908

www.ski-kidsgrove.co.uk

Knockhatch Ski & Snowboard Centre

01323 843344

www.ski-knockhatch.com

Lecht Ski Centre

01975 651 440

www.lecht.co.uk

Llandudno Ski and Snowboard Centre

01492 874707

www.jnll.co.uk

Llangrannog Ski Centre

01239 654656

Loch Insh Watersports & Skiing Centre

01540 651272

www.lochinsh.com

Meadowmill Sport & Ski Centre

01875 611374

Midlothian Ski Centre – Hillend

0131 445 4433

ski.midlothian.gov.uk

Newmilns Ski Slope

01560 322320

Norfolk Ski Club Ltd

01603 662781

www.norfolkskiclub.co.uk

Oval Sports Centre

0151 645 0551

Pembrey Ski Slope

01554 834443

Pendle Ski Club

01200 425222

Plas-y-brenin Nat Centre for Mountain Activities

01690 720214

www.pyb.co.uk

Plymouth Ski & Snowboard Centre

01752 600220

www.jnll.co.uk

Polmonthill Ski Centre

01324 503 835

Pontypool Ski Centre

01495 756 955

Rhiw Goch Ski & Mountain Bike Centre

01766 540578

Rossendale Borough Council

01706 226 457

www.ski-rossendale.co.uk

Runcorn Ski & Snowboard Centre

01928 701 965

www.runcornskicentre.co.uk

Sandown Active Sports

01372 461111

www.sandownactivesports.com

Sheffield Ski Village

0114 276 9459

www.sheffieldskivillage.co.uk

Southampton Alpine Centre

023 8078 0676

www.southampton-alpine-centre.co.uk

Stoke Ski Centre

01782 204159

www.stokeskicentre.co.uk

Suffolk Ski Centre

01473 602 347

www.suffolkskicentre.co.uk

Sunderland Ski Centre

0191 553 5785

Swadlincote Ski & Snowboard Centre

John Nike Leisure Sport Ltd

01283 217200

www.jnll.co.uk

Swansea Ski Centre

01792 645639

Tallington Dry Ski Slope

01778 346342

www.waspdirect.com

Telford Ski Centre

01952 586862

www.telford.gov.uk/FreeTime/Sports/SkiCentre

Torquay Alpine Ski Club

01803 313350

www.skitorquay.co.uk

Warmwell Ski Centre

01305 853245

Whickham Thorns Outdoor Activity Centre

0191 433 5767

www.gateshead.gov.uk

Wycombe Summit Ski & Snowboard Centre

01494 474711

www.wycombesummit.com

Yeovil Alpine Village

01935 421702

www.yeovilski.co.uk

Indoor Snow Slopes

Tamworth Snowdome

08705 00 00 11

www.snowdome.co.uk

Xscape – Castleford

0870 222 5671

www.xscape.co.uk

Xscape – Milton Keynes

01908 200020

www.xscape.co.uk

Scottish Ski Areas

Cairn Gorm Mountain Ltd

01479 861261

www.cairngormmountain.com

Glencoe Mountain Resort

01855 851226

Contacts and sources of information

Useful publications

Skiing and the National Curriculum

Published in 1999 and reprinted in 2004, this guide illustrates how snowsport can be developed across the curriculum. The guide is free from the Snowsport England office.

Health and Safety of Pupils on Educational Visits

Published by DfEE in 1998, responsibility for this has passed to DfES. The guide is free and can be ordered from DfES publications on 0845 6022260 or e-mail dfes@prolog.uk.com, quoting Ref HSPV2.

Alternatively the entire guide is available to download from www.teachernet.gov.uk/wholeschool/healthandsafety/visits/

Three supplements to the above guide were published in 2002 and are all available from the sources above:

- ★ Standards for LEA's in Overseeing Educational Visits
- ★ Standards for Adventure
- ★ Handbook for Group Leaders

Planning an Educational Visit – a booklet produced by the School Travel Forum on the organisation of all school trips. Downloadable from www.educationaltravel.org.uk

Useful contacts

Snowsport Governing Bodies

Snowsport England

Area Library Building, Queensway Mall,
The Cornbow, Halesowen,
West Midlands, B63 4AJ
Phone: 0121 501 2314
Fax: 0121 585 6448
Email: esc@englishski.org
Website: www.snowsportengland.org.uk

Snowsport Scotland

Hillend, Biggar Road, Midlothian, EH10 7EF
Phone: 0131 445 4151
Fax: 0131 445 4949
Email: info@snowsportsotland.org
Website: www.snowsportsotland.org

Snowsport Wales

Cardiff Ski Centre, Fairwater Park,
Cardiff, South Glamorgan, CF5 3JR
Phone: 02920 561904
Fax: 02920 561924
Email: admin.snowsportwales@virgin.net
Website: www.snowsportwales.net

Northern Ireland Ski Council

c/o House of Sport, Upper Malone Rd,
Belfast, N Ireland, BT9 5LA

Schools Skiing Associations

English Schools Ski Association

Tony Archbold
Great Wyrley High School
Phone: 01922 857030
Mobile: 07712 119107
Email: arc@greatwyrley.staffs.sch.co.uk
Website: www.esskia.co.uk

Scottish Schools Ski Association

Mrs Hutchison, Dollar Academy,
Dollar, FK14 7QU
Phone: 01259 742511
Email: lh@dollarcademy.org.uk
Website: www.dollarcademy.org.uk

Other contacts

Snowlife

Snowlife is an industry funded information source for UK snowsport. The Snowlife website provides a wealth of information, is easy to navigate and also contains all the information available in this guide.
Website: www.snowlife.org.uk

British Association of Snowsport Instructors (BASI)

Glenmore, Aviemore,
Inverness-shire, PH22 1QU
Phone: 01479 861717
Email: basi@basi.org.uk
Website: www.basi.org.uk

British Ski Slope Operators Association (BSSOA)

c/o Gloucester Ski and Snowboard Centre,
Robinswood Hill, Gloucester. GL4 6EA
Phone: 0870 240 0375
Website: www.bssoa.co.uk

National Council For School Sports

95 Boxley Drive, West Bridgford,
Nottingham, Nottinghamshire, NG2 7GN
Phone: 0115 923 1229
Fax: 0115 923 1229
Email: schoolsport@ntlworld.com
Website: www.schoolsport.freemove.co.uk

Ski Club of Great Britain

The Ski Club provides valuable information on resorts, tour operators, UK slopes, snow reports, events and up to date news.
57-63 Church Road, Wimbledon, SW19 5SB
Phone: 0845 45 807 80
Email: skiers@skiclub.co.uk
Website: www.skiclub.co.uk

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Gloucester Ski and Snowboard Centre
Hillend Ski Centre
Interski
Line
Neilson
Orange AIM Series
PGL
Salomon
Snowlife